






# HANOVER PARK REGIONAL HIGH SCHOOLS – May 2024



Daily Dish

Veggie Dish

AVAILABLE DAILY

<b>Monday</b> 29	Barbecue Beef Ribs on a Bun with Coleslaw	Lasagna Roll-Up with a Side Salad	    Johnny's Pizza    Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns <i>&amp; a changing variety of specials</i>  Assorted Grab & Go Salads  <b>Local Apple Sauce</b>	<b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches Daily Panini Specials    
<b>Tuesday</b> 30	<i>Chicken, Salsa Verde &amp; Cheese Tamale</i>	Nachos Grande with Seasoned Black Beans, Rice & Scoops Chips		
<b>Wednesday</b> 1	Wild Wings – Assorted Chicken Wings & Sauces Served with Celery Sticks	Wild Wings- Chicken'less Wings & Sauces Served with Celery Sticks		
<b>Thursday</b> 2	Chicken Teriyaki & Veggie Fried Rice	Plant-Based Teriyaki "Chicken" & Veggie Fried Rice		
<b>Friday</b> 3	Baked Buffalo Chicken Macaroni & Cheese with a Dinner Roll	Baked Macaroni & Cheese with a Dinner Roll		

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).



# HANOVER PARK REGIONAL HIGH SCHOOLS – May 2024



## Daily Dish

## Veggie Dish

<b>Monday</b> 6	California Burger with Lettuce, Tomato & Onion on a Bun	Vegetarian Cheeseburger on a Bun with Lettuce, Tomato & Onion
<b>Tuesday</b> 7	<b>Beef Enchilada w/ Local Scallions Served w/ Rice and Beans</b>	<b>Four-Cheese Enchilada w/ Local Scallions Served w/ Rice and Beans</b>
<b>Wednesday</b> 8	Wild Wings – Assorted Chicken Wings & Sauces Served with Celery Sticks	Wild Wings- Chicken'less Wings & Sauces Served with Celery Sticks
<b>Thursday</b> 9	Chicken Bowl – Mashed Potatoes topped with Corn, Crispy Chicken, Gravy & Cheese with a Roll	Plant-Based Bowl – Mashed Potatoes topped with Corn, Plant-Based Tenders, Gravy & Cheese with a Roll
<b>Friday</b> 10	Hot Dog Bar – All-Beef Hot Dog on a Bun with Choice of Toppings	Grilled Cheese Sandwich with Tomato Soup

## AVAILABLE DAILY

*Deli Central*

**Made-to-Order Thumann's Deli Bar**  
Assorted Grab & Go Sandwiches  
Daily Panini Specials



Johnny's Pizza

**PIZZA ZONE**

**AMERICAN GRILLE**

Chicken Tenders with Fries  
Hamburgers & Cheeseburgers on Buns  
& a changing variety of specials

Assorted Grab & Go Salads

**FRESH FARMISTAND**

**Local Apple Sauce**

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).



# HANOVER PARK REGIONAL HIGH SCHOOLS – May 2024



**Daily Dish**

**Veggie Dish**

**AVAILABLE DAILY**

<b>Monday 13</b>	Pepperoni Stromboli with Marinara Dipping Sauce	Cheese Stromboli with Marinara Dipping Sauce	<p><i>Deli Central</i></p> <p><b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab &amp; Go Sandwiches Daily Panini Specials</p>  <p>Johnny's Pizza</p>  <p>Chicken Tenders with Fries Hamburgers &amp; Cheeseburgers on Buns &amp; a changing variety of specials</p> <p>Assorted Grab &amp; Go Salads</p>  <p><b>Local Apple Sauce</b></p>
<b>Tuesday 14</b>	General Tso's Chicken with Broccoli over Jeweled Brown Rice	Plant-Based General Tso's with Rice & Broccoli	
<b>Wednesday 15</b>	Wild Wings – Assorted Chicken Wings & Sauces Served with Celery Sticks	Wild Wings- Chicken'less Wings & Sauces Served with Celery Sticks	
<b>Thursday 16</b>	Baked Meatball Calzone with Marinara Dipping Sauce	Baked Cheese Calzone with Marinara Dipping Sauce	
<b>Friday 17</b>	Mediterranean Steak Wrap – Gyro with Beef, Onions, Tomato & Tzatziki Sauce	Falafel Gyro – Falafel, Onions, Tomato & Tzatziki Sauce in a Wrap	

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).








# HANOVER PARK REGIONAL HIGH SCHOOLS – May 2024



**Daily Dish**

**Veggie Dish**

**AVAILABLE DAILY**

<b>Monday 20</b>	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Penne Pasta with Marinara Sauce & Shredded Mozzarella Cheese	    Johnny's Pizza    Chicken Tenders with Fries Hamburgers & Cheeseburgers on Buns <i>&amp; a changing variety of specials</i>  Assorted Grab & Go Salads  <b>Local Apple Sauce</b>	 Assorted Grab & Go Sandwiches Daily Panini Specials    
<b>Tuesday 21</b>	Pepperoni Stromboli with Marinara Dipping Sauce	Cheese Stromboli with Marinara Dipping Sauce		
<b>Wednesday 22</b>	Wild Wings – Assorted Chicken Wings & Sauces Served with Celery Sticks	Wild Wings- Chicken'less Wings & Sauces Served with Celery Sticks		
<b>Thursday 23</b>	All-Beef Hot Dog on a Bun with French Fries	Broccoli Penne with Garlic Sauce, Plant-Based Nuggets & a Dinner Roll		
<b>Friday 24</b>	Teriyaki Chicken with Veggie Rice & an Egg Roll w/ <b>Johnny Pops</b>	Veggie Lo Mein & an Egg Roll w/ <b>Johnny Pops</b>		

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).






# HANOVER PARK REGIONAL HIGH SCHOOLS – May 2024



**Daily Dish**

**Veggie Dish**

**AVAILABLE DAILY**

<p><b>Monday 27</b></p>	<p><b>Memorial Day School Closed</b></p>	<p><b>Memorial Day School Closed</b></p>	<p><i>Deli Central</i></p> <p><b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab &amp; Go Sandwiches Daily Panini Specials</p>  <p>Johnny's Pizza</p>  <p>Chicken Tenders with Fries Hamburgers &amp; Cheeseburgers on Buns &amp; a changing variety of specials</p> <p>Assorted Grab &amp; Go Salads</p>  <p><b>Local Apple Sauce</b></p>
<p><b>Tuesday 28</b></p>	<p>Ricotta &amp; Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce &amp; a Dinner Roll</p>	<p>Penne Pasta with Tomato Basil Sauce, Mozzarella Cheese &amp; a Dinner Roll</p>	
<p><b>Wednesday 29</b></p>	<p>Wild Wings – Assorted Chicken Wings &amp; Sauces Served with Celery Sticks</p>	<p>Wild Wings- Chicken'less Wings &amp; Sauces Served with Celery Sticks</p>	
<p><b>Thursday 30</b></p>	<p>Mediterranean Steak Wrap – Gyro with Beef, Onions, Tomato &amp; Tzatziki Sauce in a Wrap</p>	<p>Falafel Gyro – Falafel, Onions, Tomato &amp; Tzatziki Sauce in a Wrap</p>	
<p><b>Friday 31</b></p>	<p>Double Play – Mozzarella Sticks &amp; All-White Meat Chicken Tenders with Dipping Sauces</p>	<p>Double Play – Mozzarella Sticks &amp; Plant-Based Tenders with Dipping Sauces</p>	

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

